

DATE:

17 December 2024

To whom it may concern,

My name is Brittney Fisher, and I am a City Council member in Centerfield City as well as a mother. I am writing to express my support for the proposed bike path through Sanpete County. This path would bring numerous benefits to our community, particularly for children and youth. Many kids have friends in neighboring cities, and a dedicated bike path would provide a safer, more accessible way for them to connect.

Physical activity is essential for mental and physical well-being, and the addition of this bike path could play a key role in improving community health. According to the Centers for Disease Control and Prevention (CDC), regular physical activity can reduce symptoms of depression and anxiety, which are significant issues in our area. Sanpete County has a high rate of youth suicide, and providing outlets for recreation and physical activity, such as a bike path, could contribute to better mental health outcomes for our young people.

Bike paths also enhance safety. I personally know several cyclists who have been hit by vehicles while riding along our roads. This project would give cyclists a safer avenue, particularly in areas with higher-speed traffic on highways, reducing the risk of accidents.

Additionally, this bike path would strengthen connections between our communities in Sanpete County. By creating a physical link between cities, it would foster social interaction, promote active transportation, and increase community cohesion. I have lived in other communities with bike paths and have seen how frequently they are used, how they encourage fitness, and how they enhance the quality of life for residents.

We look forward to this proposed project coming to fruition and the positive impact it could have on our community's health, safety, and quality of life. Thank you for considering this important initiative.

Regards,

A handwritten signature in black ink, appearing to read 'Brittney Fisher', with a stylized, flowing end.

Brittney Fisher
Centerfield City Council Member